THE LORD’S SUPPER
Lesson One

Fun with the Family
Ask your parent or guardian about the optional family activity offered in their parent guide for lesson one of the Lord’s Supper.

Catch the Catechism
Read the definition of the Sacrament of the Altar (the first two headings), found on pages 30-31 of the catechism. Write any thoughts or questions you have, below. Pray, asking God to bless your time growing deeper in His word, and to reveal Himself to you in new and powerful ways. You can find a more detailed explanation on pages 231-237* of your catechism.

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GROW DEEPER IN GOD’S WORD
Matthew 26:17-30, Jesus celebrates the Passover with the Disciples.


2. Even with the knowledge, what did Jesus do with the disciples?

3. Contrast Jesus’ actions with your own when we’ve been betrayed or hurt by a friend. Afterward do we want to talk with the friend, much less eat with him or her? In what way is the Lord’s Supper a meal of oneness for us, despite our differences?

4. What does Jesus announce He’s giving through this supper? See verses 26-28.

5. Read 1 Corinthians 10:16. Besides bread and wine, what else is received according to these writings of Paul?

6. Explain in your own words why the Lord’s Supper is so important, considering that Jesus comes in, with, and under the bread and wine with His very presence.

7. The Passover is a special Jewish festival to celebrate God’s deliverance of Israel from Egypt. As Jesus celebrated this Passover meal with the disciples, He foreshadowed His death on the cross and gave new meaning to the bread and wine used in the meal. What deliverance do we celebrate in the Lord’s Supper?

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*If you have an older version of the catechism, refer to the back of your catechism under An Explanation of the Small Catechism in The Sacrament of the Altar under section I. “The Nature of the Sacrament of the Altar”.

The Lord’s Supper—Lesson One
Faith Journaling

Have your parent or an adult Christian in your life describe what it means for him or her to participate in the Lord’s Supper. Record these memories here:

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Key Concepts

What is the Lord’s Supper?

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Why do you believe that Christ is present in the Lord’s Supper?

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What I Learned Today

Write one or two summary sentences here about what you learned today. Specifically think about Christ’s presence in the Lord’s Supper.

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God’s Word to Remember

Read the Bible verses listed. In the space below, re-write them in your own words.

1 Corinthians 10:16

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________________________________________________________________________
________________________________________________________________________

John 15:5

________________________________________________________________________
________________________________________________________________________
THE LORD’S SUPPER

Lesson Two

Fun with the Family
Ask your parent or guardian about the optional family activity offered in their parent guide for lesson two of the Lord’s Supper.

Catch the Catechism
Read about the benefits of the Sacrament of the Altar (the third and fourth headings), found on page 31 of the catechism. Write any thoughts or questions you have, below. Pray, asking God to bless your time growing deeper in His word, and to reveal Himself to you in new and powerful ways. You can find a more detailed explanation on pages 237-240* of your catechism.

GROW DEEPER IN GOD’S WORD

Matthew 26:17-30

1. List two benefits of partaking in the Lord’s Supper. See Matthew 26:28, Romans 8:10, Romans 8:31-32, and Colossians 1:22.

2. Read 1 Corinthians 10:17. What does eating of the “one loaf” symbolize?


4. Forgiveness, life, and salvation are offered through this Sacrament (Lord’s Supper). What is required to receive these blessings?

5. Scripture shows us that our worship in heaven will center around Christ and His victory over sin and death. Find a scripture that speaks about Christ and this victory. Write it below.

6. Recall a special victory celebration, such as after your team has won a tournament or you’ve earned a great grade in a challenging class. How is the Lord’s Supper an even greater celebration? What ultimate victory are we celebrating in the Lord’s Supper?

*If you have an older version of the catechism, refer to the back of your catechism under An Explanation of the Small Catechism in The Sacrament of the Altar section II. “The Benefit of the Sacrament of the Altar” and section III. “The Power of the Sacrament of the Altar.”
Faith Journaling
Have your parent or an adult Christian in your life describe why they choose to take the Lord’s Supper and what they do to prepare. Record these memories here:

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Key Concepts
What is the benefit of participating in the Lord’s Supper?
________________________________________________________________________

How is our relationship with God benefited by participating in the Lord’s Supper often?
________________________________________________________________________

What I Learned Today
Write one or two summary sentences here about what you learned today. Specifically think about the benefits of the Lord’s Supper for you personally.
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God’s Word to Remember
Read the Bible verses listed. In the space below, re-write them in your own words.

Matthew 26:28
________________________________________________________________________
________________________________________________________________________

1 Corinthians 10:17
________________________________________________________________________
________________________________________________________________________
**Fun with the Family**
Ask your parent or guardian about the optional family activity offered in their parent guide for lesson three of the Lord’s Supper.

**Catch the Catechism**
Read about who receives the Sacrament of the Altar (the last heading), found on page 31 of the catechism. Write any thoughts or questions you have, below. Pray, asking God to bless your time growing deeper in His word, and to reveal Himself to you in new and powerful ways. You can find a more detailed explanation on pages 241-245 of your catechism.

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**GROW DEEPER IN GOD’S WORD**
1 Corinthians 11:17-34, Paul instructs the church of Corinth

1. What kind of objection did Paul have with the way the Corinthians were participating in the Lord’s Supper? See verses 17-22.

2. What kind of examination does Paul recommend we do before participating in the Lord’s Supper?

3. Why do we have to examine ourselves when we are already Christians?

4. Think back on a past lesson about the “real presence” of Christ in the Lord’s Supper. What does the phrase “without recognizing the body of the Lord” mean (verse 29)?

5. Why is it exciting to receive Jesus’ real presence in the Lord’s Supper?

6. What does verse 26 suggest regarding the frequency of taking Holy Communion?

7. In your own words, describe Jesus’ desire to be present with you, even in your sin, and the effect that unconditional love of God has on your life.

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*If you have an older version of the catechism, refer to the back of your catechism under An Explanation of the Small Catechism in The Sacrament of the Altar section IV. “How to Receive This Sacrament Worthily”.

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The Lord’s Supper—Lesson Three 5
Describe a time you felt unworthy of love or friendship. Remember, no matter your mistakes or challenges in life, God loves you and is present with you. Record your thoughts below:

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Key Concepts
What should you focus on before taking the Lord’s Supper?
________________________________________________________________________
________________________________________________________________________

If perfection is not what makes you worthy of the Lord’s Supper, what is it that makes you worthy?
________________________________________________________________________
________________________________________________________________________

What I Learned Today
Write one or two summary sentences here about what you learned today. Specifically think about what Christ does for you in the Lord’s Supper.
________________________________________________________________________
________________________________________________________________________
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God’s Word to Remember
Read the Bible verses listed. In the space below, re-write them in your own words.
1 Corinthians 11:27
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

John 6:54
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